

90 FSS/FSK
7105 Randall Ave
F. E. Warren AFB, WY 82005-2911

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CHEYENNE, WY
PERMIT NO. 167

INSIDE!

- **Mayweather vs McGregor** Trail's End
- **Corks and Crafts** Arts & Crafts Center
- **Whitewater Kayaking** Outdoor Recreation
- **Fall/Winter Bowling Leagues Forming** Warren Lanes



The

ANTELOPE

August 2017

90th Force Support Squadron Monthly Recreation Guide

www.funatwarren.com

facebook.com/funatwarrenairforcebase

FRONTIERCADE

FRIDAY, AUGUST 4th

F. E. Warren's Annual Picnic and Squadron Sports Competition

Kick off at 6 a.m. with a 5K Color Run and Mini Biathlon

Squadron Sporting Events

- 5K Color Run
- Mini Biathlon (10K Bike, 5K Run)
- Soccer
- Volleyball
- Horseshoes
- Joust
- Archery (20, 30, 40 yards)
- Tug-O-War
- Outdoor Laser Tag
- Scavenger Hunt
- Home Run Derby
- Team Endurance
- Buffalo Chip Toss

FREE BBQ Lunch

11 a.m. - 1 p.m.

Youth & Family Activities

- America's Armed Forces Color Run
- Corn Hole
- Bounce Houses
- Paintball Shooting
- Water Slide/Kiddie Pool
- Ring Toss
- Much, Much MORE!

Win a 40" TV! Stop by the score table to find out how!

Frontiercade is sponsored in part by:



No federal endorsement of sponsors intended.
For information call 773-6199

we want to know
what makes you...
... have a nice play



take our survey
let us know how we are
doing in making your golf
enjoyable!

www.MyAirForceLife.com/golf



arts and crafts

773-3754 • 6905 Diamond Creek Way

August 2, Creative Kids Corner, 10:30 - 11:30 a.m. The first Wednesday of each month, the Arts and Crafts Center will be hosting a different art project for toddlers and moms (or dads). Cost is \$5 per child. We will be making a Bubble Painting This is a drop in class - no need to register.

August 9, Cookies and Crafts, 1:30 - 3:30 p.m. Have fun with this great after school activity and enjoy some snacks and creative expression. We will be making Tic Tac Toe Boards. Cost is \$8. Pre pay and register by August 4.

August 11, Corks & Crafts, 6 - 8 p.m. Enjoy some wine, snacks and lots of fun!! We will be 'Home is Where the Air Force Sends You' signs. Cost is \$25 per person or \$35 for a couple (one project). Sign up and pay by August 4.

August 23, Mini Mosaic Stepping Stones, 6 - 8 p.m. Cost is \$20 per person. Sign up and pay by August 16.

youth center

YC 773-2564 • 1755 Piute
TC 773-3549 • 6205 Randall Ave

School Age Care Program Registration for School Year 2017-2018 begins August 7

Register at www.militarychildcare.com. The Before and After School Care is a fun and safe environment for ages 5 - 12. Transportation provided from Freedom, Pioneer Park, and Deming/Miller Elementary

Call 773-2564 for rates and availability!

Open Recreation/Teen Center August 11 - Movie and Pizza Night Youth Center, 6:30 - 10 p.m. Bring a movie and create your own healthy pizza. Call to sign up.

August 19 - Putt Hutt Madness 10 a.m. - 3 p.m. Enjoy the thrill of no worries, responsibilities, or having to wake up in the morning for school. When you visit The Putt Hutt's amusement center, we provide you with the reality away from reality. Cost is \$10 per youth. Call to sign up - space is limited.

fitness

773-6172 • 6000 Schriever Rd.

August 4 - Frontiercade! See ad on cover for details.

August 11 - Alpha Warrior F.E. Warren Competition 4:30 - 6 p.m. Now that you have seen what Alpha Warrior is, step up to the plate and compete at F.E. Warren's local completion! Be challenged by the four stations already set up at Independence Hall Fitness Center.

F.E. Warren can be represented by 10 men and women, 3 men and 3 women have been chosen. Come out and compete for the remaining positions.

Competitors need to be active duty, guard or reserve and you need to be 18 to compete.

bowling center

773-2210 • 6004 10th Cavalry

Summer time is HERE. Please ensure you have socks when renting shoes.

Fall Leagues Forming Now Leagues are forming for the winter bowling season. Sign up today at the front counter - slots are going fast.

August 17 - All You Can Eat Pizza Buffet Looking for a tasty and satisfying lunch? Look no further than your Warren Lanes Bowling Center! Come on down from 11 a.m. - 1 p.m. for an all you can eat pizza buffet for only \$8! The buffet comes with a small salad and a drink!! And remember cookies make the perfect topper!!

August 25 - Back to School Family Night Fun 5 - 8 p.m. Get a one topping pizza, four small drinks, four games of bowling (total, not per person) and four shoe rentals for \$30.



Warren Golf Championship
AUG. 5 - 6

Open to all active duty military, dependents and annual pass/punchcard holders. Flights determined by sign-ups. Shotgun start at 8 a.m. both days.

\$60 entry fee with annual pass \$80 entry fee without annual pass

Includes green fees, prizes, prize fund, Saturday breakfast and Sunday lunch.

Enter in the Pro Shop (307) 773-3556

blue

No federal endorsement of sponsors intended.



Trail's End, August 26

Doors open at 5 p.m.

Fight at 9 p.m.

FREE!

Call 773-3048

Just the Ticket!

Ticket Office at ODR

110 East Plaza
(307) 773-2988

Local Specials

Denver Zoo Adult (12-64) \$14; Child (3-11) \$10

Denver Aquarium Adult \$14; Child (3-11) \$9

Elitch Gardens General Admission, \$32. Parking Pass, \$13. Meal Deal, \$13, Season Pass, \$67.50

Water World General Admission, \$34

James McMurtry August 10, 8 p.m., Mesa Theater and Club in Grand Junction, CO - \$28

Non-Local Specials

Some restrictions apply. Please call or stop by the ITT office to check your eligibility. Prices subject to change at any time without prior notice.

2017 Disney World Armed Forces Salute 4 Day Park Hopper - \$209.00; 4 Day Base w/ Water Park - \$209.00; 4 Day Park Hopper w/ Water Park - \$246.00 OR 5 Day Park Hopper - \$224.00; 5 Day Base w/ Water Park - \$224.00; 5 Day Park Hopper w/ Water Park - \$261.00

2017 Disneyland Armed Forces Salute 3 Day Park Hopper - \$156.00 OR 4 Day Park Hopper - \$181.00

2017 Orlando Armed Forces Salute 2 Park, 4 Day Park to Park Pass - \$179.00 OR 3 Park 3 Day Park to Park Pass for \$219.00 (Volcano Bay opening May 25, 2017).

***Please allow 2 weeks (from your departure date) or more for the ticket office to acquire any non-local tickets

***Need a place to stay for your vacation?? Try the Armed Forces Vacation Club at www.afvclub.com

fall hall commons

110 East Plaza
community center • 773-3510
outdoor recreation • 773-2988
ITT • 773-5656

community center

Every Thursday - Fall Hall Open Late

Come enjoy expanded hours Thursday evening. We will be open until 8 p.m., which means you have more time to come enjoy our facility, whether you are a rock climber, video gamer, or just want to bring the kids over to enjoy the playground. The Awake Coffee Shop will also be open, so come on by and get out of the house on Thursday Nights.

August 9 - National Book Lover's Day

Did you know your Fall Hall Community Center has a Book Exchange? It's located right in the lobby across from the Awake Coffee Shop. Do you have books you're finished reading cluttering up your house? Do you want to peruse a selection of donated books that you can take home free of charge? Then come check out the Fall Hall Book Exchange. In addition, to celebrate National Book Lover's Day, we will offer a free small coffee or hot chocolate to anyone who donates 3 or more books to our book exchange on this day. Free drink must be redeemed same day, no coupons will be given.

August 10 - National S'mores Day

Graham crackers, chocolate, and marshmallow, a winning combination. Join us at Fall Hall, 5 - 7 p.m., and partake in campfire snacks enjoyed at all over the country. We will have a campfire, all the s'mores fixings, as well as corn hole, ladder ball, and a bounce house! Bring the family and friends and we'll bring the rest.

August 30 - Frankenstein Day Family Movie Night

Come celebrate the iconic gothic novel with the decidedly more light-hearted film adaptation, Young Frankenstein, 6 - 8 p.m. An American grandson of the infamous scientist, struggling to prove he is not as insane as people believe, is invited to Transylvania, where he discovers the process that reanimates a dead body. With a rotten tomatoes rating of 93% this beloved comedy classic is always

a hit. Snacks and popcorn will be provided.

outdoor recreation

Call ODR for departure times.
RecOn Trips - Civilians: Please call for prices.

August 2, 9, 16, 23, 30 Wingman Wednesday

Active Duty ONLY
Cost: FREE

In honor of our Active Duty members, enjoy a day of climbing on us. That's right! Bring in your Active Duty Military ID and climb all day for FREE! Don't forget to sign up for a belay certification class on Thursday's if you want to learn the technique of belaying!

August 4-5 Whitewater Kayaking

Cost: \$35
Age: 18+
Time: August 4 at the Aquatic Center, 5 - 7 p.m. and August 5 at ODR, 8 a.m.

Tried whitewater rafting but don't want to do the same trip year after year? How about giving whitewater kayaking a try! We will be meeting to get the basics down at the indoor pool on Friday night before meeting again the next morning to head out on an actual whitewater river! Location is TBD based on water levels but expect to get wet as we paddle through up to class II rapids! Course will cover paddle strokes, concepts, equipment, and includes instruction, equipment, and transportation. Don't miss out on this opportunity to try one of the fastest growing outdoor sports!

Pre-register by Wednesday prior.

August 6 Skydiving

Cost: \$125 (Single Airmen Price)
\$200 (All others)
Time: TBD
Conquer your fears! Join us as we head to Mile Hi Skydiving for a tandem jump using the pilot-passenger freefall system making your jump easier and safer. This is a great way to make your first jump or to get back into skydiving if you haven't been in a while. Trip includes transportation, instruction, and one jump. Bring extra money to purchase your video of your jump!

Pre-register by Wednesday prior.

August 7 Women's Climbing Day

Cost: FREE
Women's climb day is an opportunity for the local women's climbing community to get together to develop their climbing skill and technique in a judge free environment. What better support than to climb with other women who have a desire to get stronger and more fit. Don't forget to sign up for a belay certification class on Thursday's if you want to learn the technique of belaying!

August 8 Climbing 101

Cost: \$5
Time: 4 - 6 p.m.

Interested in rock climbing but not sure where to start? Afraid to take the first step up the wall? Well don't fear, this clinic is designed to teach you the basics of climbing equipment, body movement, rating systems, and styles of climbing. No previous experience necessary and all equipment included. We will cover everything you need to know to put your fears behind you.

Pre-register by start of course.

August 10, 24 Belay Training

Cost: \$5
Time: 4 - 6 p.m.
Age: 16+

Learn the basics of belaying at the indoor rock wall at ODR. We will cover knot tying, harness fitting, climbing equipment, commands, and proper belay technique. After successful completion of the class, you will have the ability to test and achieve your belay certification card making you eligible to belay at the ODR indoor rock wall unsupervised.

August 10, 24 Boater Safety Training

Cost: FREE
Time: 4 - 6 p.m.
Age: 18+

Ski-boats and jet-skis are just a few of the boats ODR rents. Sign up to attend this required safety training that will teach you all you need to know for safe operation of the craft. This course will make you eligible to rent out water craft for future use. Don't miss out on this training or you will be high and dry for summer water fun!

Pre-register by start of class.

August 12 Outdoor Climbing Trip

Cost: \$20
Time: 8 a.m.

You asked for it and so we complied! ODR is now offering outdoor rock climbing trips. We will be heading for the hills to try our hands on some real rock. No experience necessary to attend as we will be setting up a wide range of climbs for first timers all the way up to those tough guys. Location is to be determined based on condition but no matter where we head expect great quality climbs and spectacular views! Transportation, equipment, and instruction provided. Remember to pack a sack lunch, appropriate clothing for the weather, sunscreen, cameras, and water!

Pre-register by Wednesday prior.

August 13 North Platte River Canoe & Kayak Trip

Cost: \$25
Time: 7 a.m.

The River from Treasure Island Launch to the Hobo Hot Springs in Saratoga is a stony, fast-moving, heavily-used stretch of Class I+ water that will take us nearly 12 miles down the North Fork of the Platte River. This river is enjoyed by both fisherman and boaters alike for its trophy trout and lush scenery located on the southern boarder of Wyoming and Colorado. After our float we will stop by the Hobo Hot Springs to soak our sore muscles before heading back to F.E. Warren. Trip includes transportation, equipment, and guide. Make sure to dress accordingly and bring water and snacks for the float!

Pre-register by Wednesday prior.

August 15, 2017 Trails-Day Bike Ride (Road Cycling)

Cost: \$5
Time: 5 p.m.

Trails-Day is our monthly biking meet-up ride. We will meet at Outdoor Recreation before departing for either a road ride or mountain bike ride (check dates for which is which). Bike rentals are available from ODR with half-off for this event only! Meet some like-minded cyclists and get out to explore all the local community has to offer! No experience needed, instructors will cater to the group on hand with distances and difficulties.

August 18-19 Family Camp Out

Cost: FREE
Time: August 18, 4 p.m. and August 19, 10 a.m.

Family time is hard to come by, especially as we head towards the school year. Take this opportunity to take the family camping right here on base! We will be pitching tents and spending a night under the stars outside of Fall Hall, providing you all the amenities not accessible in nature! As normal, we will have all the fun things going on at Fall Hall but will also have an outdoor fire, movie showing, and bounce houses. Food, snacks, and drinks provided cookout style.

Pre-register by start of event.

August 19-20 14er Series; Quandary Peak (14,265')

Cost: \$35
Time: 3 p.m.

For our second 14er for our series we will be tackling Quandary Peak, outside of Breckenridge which is in the Tenmile Mountain Range. We will be hiking roughly 7 miles to the summit getting an early "Alpine Start" to avoid the afternoon storms. The East Ridge route will take us up roughly 3500' to the summit. We will be heading out the night before to set up camp and allow for an early start. Bring good clothing and expect for colder temperatures and the possibility of snow! Equipment, transportation, and instruction provided. Bring food or money for dinner, breakfast, and snacks, as well as plenty of water!

Pre-register by Wednesday prior.

August 26 Breckenridge Spartan Race

Cost: \$50
Time: TBD

Experience the immense beauty of Colorado while conquering climbs, crawls, carries and traverses, just don't let the scenery distract you from sticking that spear throw. The mountain is calling, are you up for the challenge? We will be providing a shuttle to the Breckenridge Spartan Race where you will find obstacles aplenty, designed to test your mental fortitude and physical strength. The town of Breckenridge sits at an impressive 9,600 feet above sea level, and the race only goes up from there! This event is sure to test you and is not for the faint of heart! Be sure to check

out the website for more information <https://www.spartan.com/en/race/detail/2571/overview>. Trip includes transportation and registration for the event.

Pre-register by August 15.

August 27, 2017 Greyrock Trail Hiking

Cost: \$20
Time: 7 a.m.

Located near Laporte, Colorado, the Greyrock Trail is a 7.4 mile loop trail that ascends just over 2500' in elevation. Starting at the Cacha Le Poudre River at 5400' of elevation we will climb to the summit of Mount Greylock at height of 7700' making this a fairly difficult trail for beginners. We will see vast views of the surrounding areas, interesting rock formations, and be able to check out some high alpine lakes. Bring secure shoes, a pack with appropriate clothing for the weather, plenty of water and snacks!

Pre-register by Wednesday prior.

August 29 Trails-Day Bike Ride (Mountain Bike)

Cost: \$5
Time: 5 p.m.

Trails-Day is our monthly biking meet-up ride. We will meet at Outdoor Recreation before departing for either a road ride or mountain bike ride (check dates for which is which). Bike rentals are available from ODR with half-off for this event only! Meet some like-minded cyclists and get out too explore all the local community has to offer! No experience needed, instructors will cater to the group on hand with distances and difficulties.

Pre-register by start of event.



How Are We Doing?

Tell Us!

at funatwarren.com

trail's end

773-3048 • 4907 Randall Ave

August 3 - Wrangler opens at 3pm. Membership Drive and Build your own Pizza in the lobby starting at 4 p.m., following the Quarterly Awards ceremony. Sign up for Club Membership or current members connect to the new membership portal and build your own 14" pizza to take with you or eat at Trail's End. Club members and members that connect to the portal are FREE, all others are \$10. *Note: Additional Build your own Pizzas are \$8 for non-club members or \$5 for Club Members. We will have the bounce house up, movies and corn hole in the ballroom for families to enjoy. Social Hour from 4 - 6 p.m. with food and drink specials. **Texas Hold'Em** beginners class at 5 p.m., tournament at 6 p.m. Prizes up to \$50 value awarded based on amount of participation at event. *Best players will compete in the BIG Tournament during Monte Carlo Night on November 9. Texas Hold'Em: Club members free, non-club members \$10.

August 4th - Trails End/Wrangler Closed. Join us at the Freedom Hall Fitness Center for Frontiercade. Bar operations will be open at the base softball fields starting at 10 a.m. at Frontiercade. Membership Drive with giveaways!

August 10 - Wrangler opens at 3 p.m. Social Hour from 4 - 6 p.m. with food and drink specials.

Join us in the Wrangler Lounge for **Family BINGO** at 6 p.m.; adults play for gift cards. Club members are Free, non-club members are \$5. For \$5 you'll receive 5 bingo cards, one card per round, and each round wins a prize! Kids play free at the same time as adults, one card per round, and each round wins a prize.

August 11 - Friday Social starting at 3 p.m.

Designated Driver for the night? Come to Trails End between 7 and 11 p.m. with your friends and you'll get free food and non-alcoholic beverages while you are there!

August 17 - Wrangler opens at 3 p.m. Social Hour from 4 - 6 with food and drink specials. **Texas Hold'Em** beginners class at 5 p.m., tournament at 6 p.m.

August 18 - Friday Social starting at 3 p.m. Join Trail's End for Karaoke and Cocktails in the Lounge, 5 - 9 p.m.

Designated Driver for the night? Come to Trails End between 7 and 11 p.m. with your friends and you'll get free food and non-alcoholic beverages while you are there!

August 21 - Join Trails End for a Total Solar Eclipse Party from 10 a.m. - 12:30 p.m. Enjoy the snacks, partake in solar eclipse crafts and activities, and join us outside to observe the eclipse with special glasses! *Note, if the weather does not cooperate we will watch the eclipse live streamed from NASA. We will have a bounce house and activities for kids of all ages, so bring family!

August 24 - Wrangler opens at 3pm. Social Hour from 4-6 with food and drink specials.

Join us in the Wrangler Lounge for **Family BINGO** at 6 p.m.; adults play for gift cards. Club members are Free, non-club members are \$5. For \$5 you'll receive 5 bingo cards, one card per round, and each round wins a prize! Kids play free at the same time as adults, one card per round, and each round wins a prize.

August 25 - Friday Social starting at 3 pm.

Designated Driver for the night? Come to Trails End between 7 and 11 p.m. with your friends and you'll get free food and non-alcoholic beverages while you are there!

August 26 - Mayweather vs McGregor Join Trail's End for the fight of the century! Floyd Mayweather vs. Conor McGregor - the show is **FREE!!!** We will air this fight in the Wrangler Lounge on the TVs and in the ballroom on the projector screen. We will have pizza, wings, sliders, chips with cheese, and fries available for purchase.

Thursday August 31 - Wrangler opens at 3 p.m. Social Hour from 4 - 6 p.m. with food and drink specials. **Texas Hold'Em** beginners class at 5 pm, tournament at 6 p.m.

New Club Membership Portal

Club Membership will no longer be a credit card and will become a membership which you will access through your computer or mobile device. The new membership portal will be digital, allow communication through email and text, link to social media and allow members to choose how they want to pay their dues (which card/account they want payment to come from).

All current club members will receive a letter from Chase stating that Chase's relationship with the Air Force is discontinuing. Anyone who had a credit card through Chase will be reissued a new credit card from Chase that is no longer associated with Air Force Club Membership.

For the Month of August Trails End will have membership Drives to help

members connect to the new Club Membership Portal and set-up their payment option/become familiar with the new platform. Please visit us at one of the following locations during the times and dates listed below to establish new membership or connect to the new platform for current members.

August 1 & 15: Commissary, 10 a.m. - 5 p.m.

August 9, 23 & 30: Chadwell Dining Facility. 10 a.m. - 2 p.m.

August 4: Frontiercade at Base Softball Fields, 10 a.m. - 5 p.m.

August 5, 6, & 11: Warren Golf Course, 10 a.m. - 2 p.m.

August 3, 10, 17, 24, and 31: Trails End's Wrangler Lounge. 3 - 10 p.m.

August 11, 18, & 25: Trails End's Wrangler Lounge, 3 - 11 p.m.

August 26: Trails End's Wrangler Lounge, 5 - 11 p.m.

golf course

773-3556 • 6110 Golfcourse Dr.

Warren Golf Championship

The Warren Golf Championship is August 5 - 6. Open to all active duty military and dependents and annual pass and punchcard holders. Flights determined by sign ups. Shotgun start at 8 a.m. both days.

The cost is \$60 with annual pass, \$80 without annual pass and includes green fees, prizes, prize fund, Saturday breakfast and Sunday lunch. Sponsored in part by **Blue Federal Credit Union**. No federal endorsement of sponsors intended.

Free Range Balls for Junior Golfers

Monday - Saturday, 9 a.m. - 4 p.m.

Birdie's Clubhouse

Birdie's Clubhouse is open Monday - Saturday, 11 a.m. - 2 p.m.

Pro Shop Hours

The Pro Shop is open Monday - Sunday, 7 a.m. - 7 p.m.

Sundays are Family Golf Days

Families! Come out on Sundays after 3 p.m. for Family Golf Day! Twilight fees (\$14 for E1-E4 and \$16 for E5 and above) apply for the parents who golf and kids ages 5 - 12 play free! Free range balls whether you play or not. Children have to be 5 years old to be playing on the course with their parent's supervision. There is no age restriction on the driving range.

Disc Golf

Course available daily. Rental disc golf sets available in the Pro Shop.

STAY CONNECTED

CLUB MEMBERSHIP MATTERS

To enhance your membership, Air Force Clubs has developed a trusted partnership with **memberplanet.com** to provide a NEW club member portal.

- Chase credit card no longer required for membership
- More payment options
- Real-time notifications about club discounts and events
- Easy transition process for existing members
- Easy sign-up for new members
- Same low dues rates

Connect now or join beginning August 1, 2017 at www.MyAirForceLife.com

Win Early-Bird Prizes When You Update Your Account or Join By August 31, 2017!*

\$10,000 Cash Grand Prize!

\$1,000 Cash Prize at Each Base!

70 Lifetime Memberships!



*For complete contest rules and eligibility, log on to www.myairforcelifelife.com

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