

90 FSS/FSK
7105 Randall Ave
F. E. Warren AFB, WY 82005-2911

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INSIDE!

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The

ANTELOPE

January 2018

90th Force Support Squadron Monthly Recreation Guide
www.funatwarren.com
facebook.com/funatwarrenairforcebase



January 7
Outdoor Recreation

SINGLE AIRMAN ONLY
Cost is only \$99!
Call ODR At 773-2988

SNOWMOBILE TRIP



SAVE THE DATE! a winter extravaganza
January 19-21

Outdoor Recreation is your SnoFest Headquarters!
Call 773-2988 or stop by 110 East Plaza

Copper Mountain

2018

SNOfest

U.S. AIR FORCE SUPPORT SQUADRON

U.S. AIR FORCE ACADEMY | PETERSON AFB
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mysnofest.com

Discounted Lift Tickets • Lodging
Hospitality Center • Family Fun Activities
Cardboard Derby • Family Party

ODR CONTINUED

towards a vantage point to bask in the glow! Bring a pack, snacks, and water. A thermos of hot fluid is encouraged! Includes equipment, transportation, and instruction. Pre-register by January 24.

January 27
Outdoor Ice Skating
Estes Park, Colorado
Cost: \$35
Time: 8 a.m.

When was the last time you went ice skating? If you have to think, it's been too long. We will be heading to Estes Park to skate on their outdoor mountain lake where you're sure to have a blast zipping around the ice in this beautiful mountain town. After skating we will head into town to sidewalk shop and enjoy the winter wonderland that is Estes Park. Trip includes transportation, ice skating fees and rentals. Pre-register by January 24.

January 28
Horseback Riding
Cost: \$60
Time: TBD

Join us as we head for a ride in the snow in Estes Park Stables on a private 1000 acre cattle ranch. Along the way we will enjoy views of the snowy surrounding mountains, forest slopes and mountain streams. Estes Park is right outside of Rock Mountain National Park with all the same beauty and wildlife to greet you! Trip includes transportation, 2-hour trail ride, guide, and equipment. Bring money for lunch and/or snacks and water. Time permitting, we will stop in downtown Estes Park to enjoy the local flair. Pre-register by January 25.

fitness

773-6172 • 6000 Schriever Rd.

January 12, 4 p.m. - Dodgeball Tournament Come join us at Freedom Hall Fitness Center for our first Dodgeball Tournament of the year! Hit you coworkers or friends with love. Any military/DoD civilian personnel aged 18 and older may compete.

Give Parents A Break

January 19
5:30 - 9:30 p.m.
The Give Parents A Break Program provides free child care for parents with children ages 6 weeks - 12 years. For more details, contact the Child Development Center at 773-3221. Registration required by January 15.

arts and crafts

773-3754 • 6905 Diamond Creek Way

January 3, Creative Kids Corner, 10:30 - 11:30 a.m. The first Wednesday of each month, the Arts and Crafts Center will be hosting a different art project for toddlers and moms or dads. Cost is \$5 per child. We will be making Snow Globes. This is a drop in class - no need to register.

January 12, Corks & Crafts, 6 - 8 p.m. Enjoy some wine, snacks and lots of fun!! We will be making Pallet Paintings. Cost is \$25 per person. Sign up and pay by January 5.

January 17, Calendar Class, 6 - 8 p.m. We will be making 12x12 erasable calendars. Bring your favorite scrap paper, a piece of fabric, or just use ours! Cost is \$20 per person. Sign up and pay by January 12.

January 25, Beginners Sewing Class, 6 - 8 p.m. Cost is \$15 per person. Bring 2 - 3 yards of fabric and leave with a beautiful pair of PJ pants. Sign up and pay by January 19.

Just the Ticket!

Ticket Office at ODR

110 East Plaza
(307) 773-2988

Local Specials

Denver Zoo Adult (12-64) \$14;
Child (3-11) \$10

Denver Aquarium Adult \$14;
Child (3-11) \$8

Kicker Arenacross January 5 and 6, 7:30 p.m. at the Budweiser Events Center, Loveland, CO. Tickets cost varies on seating.

Sesame Street LIVE! January 19, 6:30 at the Budweiser Events Center, Loveland, CO. Ticket cost varies on seating.

World Championship Ice Racing January 20, 7:30 p.m. at the Budweiser Events Center, Loveland, CO. Tickets cost varies on seating.

Non-Local Specials

Some restrictions apply. Please call or stop by the ITT office to check your eligibility. Prices subject to change at any time without prior notice.

Blackout Dates for Disneyland are March 23 - April 8

2018 Disney Salutes Tickets

2018 Disney World Armed Forces Salute 4 Day Park Hopper - \$226.00; 4 Day Park Hopper Plus - \$266.00 OR 5 Day Park Hopper - \$246.00; 4 Day Park Hopper Plus - \$286.00

2018 Disneyland Armed Forces Salute 3 Day Park Hopper - \$168.00 OR 4 Day Park Hopper - \$188.00

***Please allow 2 weeks (from your departure date) or more for the ticket office to acquire any non-local tickets.

***Need a place to stay for your vacation?? Try the Armed Forces Vacation Club at www.afvclub.com

WINTER WONDERLAND

Warren Lanes

Jan. 27, 6 - 10 p.m.

Dancing • Food • Music • Kid Crafts & Games
• Dance & Decorating Contests
Snowflake Bowling • Beer & Wine Samples

PRIZES AND MORE!

Tickets on sale Jan. 2 - 25
\$20/ticket, \$35/couple • \$15/ages 13 - 17 • \$10/ages 5 - 12
Free/4 years and younger

Visit www.funatwarren.com for more details or call 773-2210

Dodgeball Tournament

January 12, 4 p.m.

Freedom Hall Fitness Center

Open to anyone ages 18 and older!

Call 773-6172



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Outdoor Recreation

773-2988

fall hall commons

110 East Plaza
community center • 773-3510
outdoor recreation • 773-2988
ITT • 773-5656

community center

January 20

National Cheese Day & National Penguin Awareness Day

2 - 3 p.m.

As fortune would have it, both National Cheese and National Penguin Awareness day are on the same day. The only logical way to celebrate both is by watching Wallace and Gromit (both A Grand Day Out and The Wrong Trousers, respectively) and eating cheese and crackers with your friends and family over at Fall Hall Community Center. Event is FREE but please RSVP so we can get an accurate headcount for the event.

Private Event Reservations

Here at your Fall Hall Community Center, we have a large variety of options for your next event. Whether you want to host a wine and cheese tasting up in our remodeled hardwood kitchen, a 1980s movie marathon in our small theatre upstairs in the lounge, a child's birthday party complete with indoor playground and bounce house, or a more formal event like a business meeting or training class, we have options starting at as little as \$20/hr. for private reservations. Ask about special discounts for training and morale events during the duty day.

Awake Coffee Shop

We know you work hard, and that's why we work hard to have the most relaxing and cozy coffee shop in Cheyenne...right here on base. Here at Awake, we proudly serve Starbucks brand espresso and coffee, as well as a large menu of other specialty drinks, including frappuccinos, cold-brew coffee, tea, lemonade, and much more. With over 60 different syrup flavors, there are endless options for you to customize your drink so that it is as unique as you are.

Indoor Playground

The weather outside is frightful, but playtime at Fall Hall is delightful. As the temperatures outside drop and the snow starts to pile up, having your little ones play outside might not be an option. In October of 2016 we installed an indoor playground; it's great for

bad weather and it can be a welcome respite from being cooped up in the house.

Board Games and Video Games

Here at Fall Hall we have a large library of board games that are free to use here in the facility. We have all the classics like Monopoly and Rummikub as well as new favorites like Dominion, Ticket to Ride, and Last Night on Earth. If video games are more your thing, bring your friends over and challenge them to Mario Kart, Splatoon, Star Fox Zero, and others on our Wii U system - it's hooked up in the theatre area so you can enjoy gaming on our projector and big screen!

outdoor recreation

Call ODR for departure times. RecOn Trips - Civilians: Please call for prices.

December 29 - January 2 New Year's Utah Ski Getaway (Single Airmen)

Cost: \$175 Single Airmen

Spend New Year's Break with friends shredding powder (we cannot control when it snows) in the Utah Mountains! With some of the best snow in the US, the mountains and ski resorts outside of Salt Lake City will provide all the terrain you could desire. Two days of skiing at Alta/Snowbird included, one optional ski day at Solitude or Brighton at your own expense. We will be staying in Salt Lake City with a short drive each day. Don't miss out on this opportunity to ski some of the best snow to start your 2018 off right! Trip includes lodging, transportation, and equipment rental. A mandatory pre-trip meeting December 27, 5 p.m. at ODR. Pre-register by December 27.

January 3, 10, 17, 24, 31

Wingman Wednesday

Active Duty ONLY

Cost: FREE

In honor of our Active Duty members enjoy a day of climbing on us. That's right, bring in your Active Duty Military ID and climb all day for FREE! Don't forget to sign up for a belay certification class if you want to learn the technique of belaying!

January 4, 18

Belay Training

Time: 4 - 6 p.m.

Cost: \$5

Age: 16+

Learn the basics of belaying at the indoor rock wall at ODR. We will

cover knot tying, harness fitting, climbing equipment, commands, and proper belay technique. After successful completion of the class, you will have the ability to achieve your belay certification card making you eligible to belay at the ODR indoor rock wall unsupervised. Pre-register by day prior.

January 6

Ice Climbing (RecOn)

Cost: \$65

Time: TBD

Just because it is winter does not mean you need to quit climbing. Instead, strap on some crampons and pick up your ice tools! We will be heading to the Front Range in Colorado to get some instruction and try our hand climbing frozen ice! Location is to-be-determined based on conditions, but this is a once in a lifetime experience! Dress warm as we will be outside all day, pressed against frozen waterfalls. Includes transportation, equipment, instruction, and guides. Limited spots available, don't miss out as we are ONLY running three trips this winter! Pre-register by January 3.

January 6

Learn to Ski at Eldora Ski Area

Cost: \$65

Time: TBD

New to the area and want to find a new sport to keep you active over the winter? Well you're in luck! We will be heading to Eldora which offers over 680 acres of terrain and receives over 300" of snow annually! You will have the opportunity to take a 2 hour ski lesson (included), free equipment rentals, and a lift ticket! What better way to learn than in the Rocky Mountains! Pre-register by January 3.

January 7

Snowmobile Trip (Single Airmen)

Cost: \$99

Time: TBD

This guided tour will begin at a rustic mountain cabin, well stocked with helmets, boots, snow bibs, and warm drinks. After a short introduction on snowmobiling, you will be off on forested trails to the high mountain peaks. Your guide will point out the scenic highlights, allowing plenty of time to take photos and enjoy the majestic views. When you want to venture out on your own, you will be shown the prime spots for enjoying Steamboat's famous champagne

powder. Trip includes transportation, guide, and equipment rentals. Limited spots available, so sign up fast! Pre-register by January 3.

January 7

Trampoline Park

Cost: \$25

Time: TBD

Bounce your heart out! We are heading to Fort Collins for two hours to channel our inner child as we jump around the indoor trampoline park. Trip includes admission and transportation. Pre-register by January 3.

January 8

Women's Open Climbing Day

Cost: FREE

Women's climb day is an opportunity for the local women's climbing community to get together to develop their climbing skill and technique. What better support than to climb with other women who have a desire to get stronger and more fit. Don't forget to sign up for a belay certification class if you want to learn the technique of belaying!

January 9

Climbing 101

Cost: \$5

Time: 4 - 6 p.m.

Interested in rock climbing but not sure where to start? Afraid to take the first step up the wall? Well don't fear, this clinic is designed to teach you the basics of climbing equipment, body movement, rating systems, and styles of climbing. No previous experience necessary and all equipment included. We will cover everything you need to know to put your fears behind you. Pre-register by January 8.

January 13

Ski Winter Park

Cost: \$45 Single Airmen, \$90 Active Duty, \$100 Retired

We're heading to Winter Park for a day of skiing! The resort offers 3,398 Vertical feet, 34 lifts, 2908 skiable acres, 187 named trails, with the longest run stretching 3.5 miles (Four O'clock.) Trip includes lift pass, transportation, and half off daily equipment rental. Pre-register by January 10.

January 13

Dogsledding (RecOn)

Cost: \$99

This half-day dogsledding tour will teach you how to drive your own team of Alaskan Huskies along a scenic 12.5 mile backcountry trail. This tour is approximately 2 hours on-sled

and allows for two people per sled (unless smaller children, which may permit three). One person will start as the driver and the other as the passenger; half way around the trail, if both guests are adults, we will stop and switch so that each person gets a chance to drive the sled. Trip includes transportation, guides, and instruction! Pre-register by January 10.

January 14

Cross Country (XC) Ski

Cost: \$25

Time: 8 a.m.

Did you know Outdoor Recreation rents out cross country ski equipment? Did you know we have some GREAT trails only 30 minutes from the base? Let's head out and try our hand at cross country skiing. Location is to-be-determined based on snow conditions and weather. XC skiing is a great sport to partake in for its aerobic workout as well as the ability to travel further distances in a winter environment without post-holing in deep snow. Trip includes equipment, instruction, and transportation.

Pre-register by January 10.

January 15

Family Sledding (Fit Families)

Cost: \$35 per person

Time: 9 a.m.

Let's go play in the snow! We will head to Beaver Meadows for a day of sledding and snow play. Worried about lugging a snow tube up and down a hill in the snow? Well don't be, Beaver Meadows has lifts! All lift riders must be 36" to ride the lift and only resort tubes that are free for use are allowed. Pre-register by January 14.

January 19 - 21

SnoFest at Copper Mountain

Cost: \$150 - Single Airman Only

SnoFest features more than world-class skiing and snowboarding! Fabulous lodging, a party, giveaways, a cardboard derby, sleigh rides, tubing, ice-skating, non-skier excursions and more. All at a heavily discounted price for the military community. You won't want to miss this spectacular event hosted by the Front Range Military Bases at Copper Mountain Resort in Colorado. Price is to-be-determined and will include lodging, lift tickets, and equipment.

January 20

SnoFest Day Trip

Cost: \$35 for Single Airmen, \$50 for All Other DoD ID Card Holder's Friends and Family, \$15

for transportation only.

Jump in with a van full of skiers and boarders as we head to SnoFest for the day. Prices include lift ticket, gear, and transportation. Transportation only option (new this year) is for those who're interested in SnoFest activities but don't want to get out on the mountain. Scheduled activities are the cardboard derby race, tubing, and free mountain tours. The Rocky Mountain Coaster one of the longest in North America at 5,800 feet, is now operational!

January 22

Kayaking Basics and Skills Clinic

Cost: \$10 (\$5 for each consecutive class after attending the first)

Time: 5 - 7 p.m. at the Aquatic Center

Just because the paddling season is over doesn't mean it's time to hang up the board shorts! This is the best time to learn the paddle strokes, techniques, and concepts over the winter months to get you prepared for our paddling trips next summer! After your first class, feel free to come to future classes and we will work with you to learn how to do the Eskimo roll; the art of righting a kayak once flipped. Don't get out of paddling shape this winter! Pre-register by January 19.

January 26

Climbing 202; Anchor Building

Cost: \$5

Time: 4 - 7 p.m.

Interested in rock climbing but not sure where to start? Afraid to take the first step up the wall? Well don't fear, this clinic is designed to teach you the basics of climbing equipment, body movement, rating systems, and styles of climbing. No previous experience necessary and all equipment included. We will cover everything you need to know to put your fears behind you.

Pre-register by January 25.

January 27

Moonlight Snowshoe

Cost: \$25

Time: 4 p.m.

Think being in the woods at night is scary? Well this trip aims to change your perception. We will be traveling by headlamps and moonlight as we trudge through the snow on snowshoes. Distance will be between 3-5 miles. Full moon will be peaking around 9 p.m. where we will work

CONTINUED NEXT PAGE

trail's end

773-3048 • 4907 Randall Ave



EVERY FRIDAY - Designated Driver for the night? Come to Trail's End between 7 - 9 p.m. with your friends and you'll get free food and non-alcoholic beverages while you are there!

January 4 - Wrangler open 3 - 9 p.m. Join us for Thursday Specials. Free fries with the purchase of a \$5 Buffalo Burger. Tornado are only \$1.

January 5 - Wrangler open 3 - 9 p.m. First Friday Social starting at 3 p.m. Join us for bison chili with cornbread, italian bread, crackers, and toppings. FREE For club members or \$5 for non-club members. Food available from 3 p.m. to 7 p.m. as supplies last in the Wrangler Lounge.

January 11 - Wrangler open 3 - 9 p.m. Join us for Thursday Specials. Free fries with the purchase of a \$5 Buffalo Burger. Tornado are only \$1.

January 12 - Wrangler open 3 - 9 p.m. Join us for **Latin Night** from 7 - 11 p.m. Latin Dance instruction from 7 - 8 p.m.; dancing from 8 - 11 p.m. with drink specials. No cover charge.

January 18 - Wrangler open 3 - 9 p.m. Join us for Thursday Specials. Free fries with the purchase of a \$5 Buffalo Burger. Tornado are only \$1.

January 19 - Wrangler open 3 - 9 p.m. Join us in the Ballroom for **Family BINGO** at 6 p.m.; adults play for gift cards. Club members are \$5, non-club members are \$10. For \$10 you'll receive 5 bingo cards (1 card per round) and each round wins a prize! Kids play free at the same time as adults (1 card per round) and each round wins a prize!

January 20 - UFC Fight Night. Doors open at 5 p.m. for UFC Fight 220. FREE event! Club members get \$5 in food; drink specials available. Build your own 14" pizza by order with unlimited pitchers of soda for \$12 each, 50 cent wings and other specials available!

January 25 - Wrangler open 3 - 9 p.m. Join us for Thursday Specials. Free fries with the purchase of a \$5 Buffalo Burger. Tornado are only \$1.

January 26 - Wrangler open 3 - 9 p.m. Texas Hold'Em league tournament at 6 p.m. in Baker Room.

Prizes up to \$50 value awarded based on amount of participation at event.

*Points will be awarded to participants and go toward a prize awarded during Big Texas Hold'Em Tournament and Monte Carlo Night in November.

Texas Hold'Em: club members free, non-club members \$10.

bowling center

773-2210 • 6004 10th Cavalry

Closed January 1

January 4, Rueben Sandwich Special available after 10:30 a.m. Includes onion rings or fries and small drink - \$8.

January 10, 6" Chicken Philly Sandwich Special available after 10:30 a.m. Includes fries and small drink - \$8.

January 15 MLK Bowling Special 11 a.m. - 2 p.m. \$1 a game per bowler and \$1 shoe rental.

January 18 - Country Fried Steak Special available after 10:30 a.m. Includes onion rings or fries and small drink - \$8.

January 26 - Chicken Teriyaki Bowl Special available after 10:30 a.m. Includes small drink - \$8.

January 27 - Winter Wonderland Party See ad!

January 30 - 6" Philly Cheesesteak Special available after 10:30 a.m. Includes fries and small drink - \$8.

Aquatic Center JANUARY EVENTS



Lap Swim: Mon, Wed & Fri, 5 a.m. - 1 p.m.
Open Swim/Swim Lessons: Tue & Thu, 4 - 7 p.m.
Open Swim: Sat 11 a.m. - 6 p.m.
Closed Sundays/Holidays

American Red Cross Lifeguard Class

The Aquatic Center will be offering an American Red Cross Lifeguard course January 6 - 7 and January 13 - 14, 9 a.m. - 5 p.m. each day. Both weekends must be attended in order to complete the course. Must be able to pass a pre-course test which includes 300 yard swim, brick retrieval and tread water for 2 minutes. Cost is \$35. Deadline to register is January 3.

Swim Lessons

Swim lessons resume January 9! Spaces are available in Pre-school through Level 6 on Tuesday and Thursday nights. Class times vary depending on levels. Cost is \$35 for 8 lessons.

Flick-n-Float

Join us January 27, 5 - 7 p.m. Come hang out at the pool and float while watching a movie! We will be showing 'Guardians of The Galaxy'. Pool noodles and tubes are available for use or bring your own float. Viewing from the hot tub is available for adults. Snacks and beverages are permitted, but not provided. No admission fee!

7007 Randall Ave • 773-3195

Texas Hold'Em

Wrangler Lounge

Texas-Hold-Em poker league January 26, 6 p.m.!

\$10 per person.

Club Members - FREE.

Non-club members, \$10

Call 773-3048

The Wrangler Lounge

youth center

YC 773-2564 • 1755 Piute
TC 773-3549 • 6205 Randall Ave

School Age Care Program Registration

Register at www.militarychildcare.com. The Before and After School Care is a fun and safe environment for ages 5 - 12. Transportation provided from Freedom, Pioneer Park, and Deming/Miller Elementary. Call for rates and availability!

Open Recreation/Teen Center

Open Recreation/Teen Center will be held at the Youth Center. Hours of operation are Monday - Friday, 3 - 6 p.m. Cost \$60 a year.

Youth Sports Coaches Needed

Soccer, basketball, baseball, T-ball, flag football, tennis and golf. Volunteer early to get all paperwork, including background check completed.

WE'LL TAKE YOU THERE!

Eldora - January 6 LEARN TO SKI!

Outdoor Recreation
110 East Plaza
307-773-2988

ICE

How Are We Doing?

Tell us at funatwarren.com